



Europass Curriculum Vitae

Personal information **Ricardo Filipe Barreiros Mexia**

Nationality Portuguese



[Full CV available](#) on [LinkedIn](#)

Work experience

Dates	Since October 2021
Occupation or position held	President of the Lumiar Civil Parish Council
Main activities and responsibilities	General coordination and management of the Parish Council)
Name and address of employer	Junta de Freguesia do Lumiar , Lisboa, Portugal
Type of business or sector	Management of the Local Parish Council, including issues related with: Promote and implement community intervention projects in the areas of social action, culture, education and sport, especially in priority intervention neighbourhoods; Participate, in collaboration with private social solidarity institutions, in social action programs Support cultural and sporting activities of interest to the parish. Contribute to municipal housing policies, identifying housing needs and available dwellings Cleaning roads and public spaces, maintenance of green spaces; maintaining pedestrian pavements; Maintain, repair and replace urban furniture in the public space., including playgrounds and fountains. Manage, conserve and repair social facilities in the parish area, namely cultural and sports facilities of a local scope, schools and educational establishments of the pre-school and primary school, day care centres, kindergartens and support centres for the elderly;
Dates	Since April 2013
Occupation or position held	Public Health Doctor / Epidemiologist
Main activities and responsibilities	Epidemiological surveillance and research. Participating in Outbreak investigation (Legionella Outbreak in 2014), management, training and preparedness (PANDEM2 Project, National preparedness for Ebola in 2015, and two month long missions to Guinea-Bissau for capacity building). Also working in the field of Migrant Health (CARE Project), Mass Gatherings (Fátima pilgrimage , Eurovision Song Contest 2018 , World Youth Day 2023 for instance), and epidemiological surveillance (EuroCigua2 Project). Also involved in the Evaluation of the National Health Plan .
Name and address of employer	National Health Institute Doutor Ricardo Jorge , Lisboa, Portugal
Type of business or sector	Epidemiological Surveillance, Research
Dates	Since May 2019
Occupation or position held	Consultant / Public Health Doctor
Main activities and responsibilities	Participation in WHO JEE missions to São Tomé e Príncipe, Guiné-Bissau and Cabo Verde. Team lead in GB and CV. General coordination of the team, field work and drafting the reports .
Name and address of employer	World Health Organization , Regional Office for Africa , WHO Health Emergencies Programme
Type of business or sector	Preparedness, External Assessment, Outbreak Control
Dates	Oct 2012 – Dec 2014
Occupation or position held	Public Health Doctor
Main activities and responsibilities	Local health observatory, health research, epidemiological surveillance and outbreak control.
Name and address of employer	Unidade de Saúde Pública de Santarém (Local Public Health Unit in Santarém)
Type of business or sector	Health Care, Disease Prevention, Outbreak Control
Dates	Sep 2009 – Sep 2011
Occupation or position held	EPIET fellow

Main activities and responsibilities	Perform infectious disease outbreak investigations, develop research projects on relevant public health issues, conducting and analysing surveillance of infectious diseases, scientific communication, training other health care professionals
Name and address of employer	Folkehelseinstituttet (FHI) , SMAO, Oslo, Norway
Type of business or sector	National Public Health Institute
Dates	Jan 2005 – Aug 2009, Oct 2011- Oct 2012
Occupation or position held	Medical Resident, training in Public Health
Main activities and responsibilities	Local health observatory, health research, epidemiological surveillance and health risk communication. Health promotion in different contexts (Community, school, prison, e.g.)
Name and address of employer	Centro de Saúde de Queluz (Local Public Health Unit near Lisboa)
Type of business or sector	Health Care, Disease Prevention
Dates	Jan 2003 - Dec 2004
Occupation or position held	Medical Resident
Main activities and responsibilities	Generic Health Care tasks, including rotation within the areas of Internal Medicine, Surgery, Obstetrics and Gynaecology, Paediatrics and Primary Health Care
Name and address of employer	Hospital Curry Cabral , Lisboa
Type of business or sector	Health Care

Education and training

Dates	Dec2013
Title of qualification awarded	Master in Public Health
Name and type of organisation providing education and training	ENSP (National School of Public Health), Lisboa, Portugal
Level in national or international classification	ISCED 7
Dates	Sep2011
Title of qualification awarded	EPIET- European Programme for Intervention Epidemiology Training
Name and type of organisation providing education and training	ECDC - European Center for Disease Prevention and Control Folkehelseinstituttet (FHI) , SMAO, Oslo, Norway
Dates	Oct 2007
Title of qualification awarded	Post-Graduate Programme in Healthcare Management (PGOM)
Name and type of organisation providing education and training	Faculdade de Ciências Económicas e Empresariais Universidade Católica Portuguesa Portugal
Dates	Sep 1996 – Jun 2002
Title of qualification awarded	Degree in Medicine
Name and type of organisation providing education and training	Faculdade de Ciências Médicas Universidade Nova de Lisboa Portugal
Level in national or international classification	ISCED 6

Personal skills and competences

Mother tongue	Portuguese								
Other languages, self-assessment	Understanding				Speaking				Writing
	<i>European level (*)</i>		Listening	Reading	Spoken interaction		Spoken production		
	English		C2 Proficient user	C2 Proficient user	C2 Proficient user	C2 Proficient user	C2 Proficient user	C2 Proficient user	

Spanish	C2 Proficient user	C2 Proficient user	C1 Proficient user	C1 Proficient user	C1 Proficient user	B2 Independent user
French	C1 Proficient user	C2 Proficient user	C1 Independent user	C1 Independent user	C1 Independent user	B2 Independent user
Norwegian	B1 Independent user	B1 Independent user	B2 Independent user	B2 Independent user	B2 Independent user	A2 Basic user
German	A2 Basic user	A2 Basic user	A2 Basic user	A2 Basic user	A2 Basic user	A1 Basic user

(*) [Common European Framework of Reference for Languages](#)

Social skills and competences	<p>Team Spirit: I have been involved in Medical Associations since a student, having coordinated several Boards. I was president of ANEM (National Federation of Medical Students) participating in meetings of IFMSA. I was Secretary General of PWG (European Federation of Junior Doctors) and served as Vice President of EAN (EPIET Alumni Network).</p> <p>Multicultural skills: I have done training and research in several different social and cultural settings (Portugal, Spain, the Netherlands, Cape Verde, Angola, Guinea-Bissau and Norway).</p>
Organisational skills and competences	<p>President of the Lumiar Parish Council since October 2021.</p> <p>President of the Infectious Disease Control Section of EUPHA since November 2021.</p> <p>President of ANMSP (National Union of Public Health Doctors) between 2015 and 2022.</p> <p>Was a member of the General Secretariat of SIM (Portuguese Medical Union) and was member of the Executive Board of the Ordem dos Médicos (Portuguese Medical Association) as well as chairperson of my Alumni Association.</p> <p>I am the Chief Medical Officer of the Rock in Rio Festivals and of Made of You Group (producers of Neopop, Sónar Lisboa, Brunch Electronik Lisboa and others)</p> <p>I regularly do voluntary work, having participated as team coordinator in several sports and culture events (Expo98, Euro 2004, Andanças Festival)</p> <p>I have been a member of the Organization Committee of several National and International Conferences (EUPHA meeting Lisboa 2008, National Medical Congress Lisboa 2009, Iberian Epidemiological Conference).</p> <p>He is the Chair for the 2024 European Public Health Conference in Lisboa</p> <p>Member of the ECDC Advisory Forum, EUHTF Advisory Group and of HERA Civil Society Forum (representing EUPHA)</p>
Technical skills and competences	<p>More than 40 oral communications at national and international scientific meetings, on epidemic surveillance, public health emergencies and mass gatherings. Has been also a moderator and facilitator in multiple scientific events (ESCAIDE, EPHC, IberoEpi, CNMSP, ENMISP).</p> <p>8 publications in peer reviewed journals</p> <p>Frequent media presence (TV, Radio, Newspapers, online), having more than 3 hours daily presence on TV during the early days of the COVID19 pandemic.</p> <p>ORCID ID https://orcid.org/0000-0002-0511-7940</p> <p>ResearchGate https://www.researchgate.net/profile/Ricardo_Mexia</p>
Computer skills and competences	<p>Proficient in use of Microsoft Office™ tools (Teams™, Word™, Excel™, Outlook™ and PowerPoint™)</p> <p>Knowledge and use of statistical applications (R, STATA™, SPSS™, EpiData™)</p> <p>Basic knowledge of database applications (Microsoft Access and FileMaker)</p> <p>Basic knowledge of graphic design applications (Corel Draw™, Adobe PhotoShop™)</p> <p>Experienced Internet user (since 1995), with experience in webdesign and webmanagement.</p> <p>Social media user/manager (Facebook, Twitter/X, LinkedIn, Instagram, Bluesky)</p>
Other skills and competences	PADI Open Water Diver
Driving licence	Categories A and B
Additional information	<p>References available upon request.</p> <p>PERSONAL INTERESTS</p> <p>I am an extensive traveller and enjoy experiencing different cultures and events.</p> <p>I am also a winter sports fan (ski and snowboard) and skydive, as well as keen on gadgets and electronic devices.</p>