Influenza

during the COVID-19 pandemic

Why is it important to get vaccinated against influenza during the COVID-19 pandemic?

- By getting vaccinated, you help protect the vulnerable, such as the elderly and those with chronic underlying medical conditions. These are people who are at increased risk of severe outcomes such as respiratory difficulties or death.

- Both influenza and COVID-19 can cause severe disease, but note that the influenza vaccine only protects against influenza.

- Dual infection with COVID-19 and influenza is likely to cause more severe outcomes.

- Both COVID-19 and influenza can disrupt healthcare services and the functioning of nursing homes. It is especially important this year that healthcare staff get vaccinated against influenza and that healthcare services keep running.