

# CURRICULUM VITAE

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## Irene Cotter

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### PERSONAL DETAILS

*Nationality*     **Irish**

### EDUCATION

**Academic Qualifications Master's in Family Medicine 2016**

**MRCGP International 2016**

**Postgraduate Diploma in Family Medicine University of Nicosia**     *2015-2016*

• **Postgraduate Diploma in General Practice (Distinction)**     *2015-2016*  
*University of Surrey - UK*

• **MRCGP (Member of the Royal College of General Practitioners)**     *1996 - 1998*  
*The Royal College of General Practitioners - UK*

• **DCH (Dipl. In Child Health), DRCOG (Dipl. in Obstetrics), CFP (Cert. in Family Planning)**     *1983 – 1986*  
*Royal College of Physicians of Ireland*

• **M.B, B.Ch, B.A.O (Honours)**     *1985 - 1986*  
*University College Cork - Ireland*

**Academic Courses and Conferences**     *1976 - 1982*

Middle Eastern Seminar in General Medicine-Royal Colleges of England – Cyprus     November 2015

GP Update Course June 2015

ILS ( Immediate Life Support) Course 2015

PILS( Paediatric Immediate Life Support) Course 2015

Sexual Health STIF Course 2015

PHEC Course ( Prehospital emergency course)	June 2015
Safeguarding Children Level 3 Course	2014
<b>Diploma Course on Sports</b>	<b>April-July 2014</b>
<b>Pre-hospital Emergency Medicine Course</b>	<b>Feb. 2014</b>
<b>Medicine Update Middle East</b>	<b>Nov 2015</b>
<b>ALS (Advanced Life Support Care)</b>	<b>July 2012</b>
<b>Smoking Cessation Counselling</b> NCSCT UK	<b>2012</b>
<b>GP Update Course</b> UK	<b>2011</b>
<b>PILS Paediatric Immediate Life Support</b>	<b>2011</b>

**RCGP Annual Conference on Excellence in General Practice and Sustainability 2009**

- **RCGP Course Excellence in Teaching Oct 2009-Nov 2010** *The Royal College of General Practitioners - UK*
  
- **National Conference on Women's Health** *The Irish College of General Practitioners* 5 June 200
  
- **Legionellosis Awareness Management & Control Training Seminar, organised in Cyprus by HYDROP-Environmental Consultancy Services.** 11-12 June 2003
  
- **Workshop on Smoking Cessation** *Organised by the Ministry of Health in Cyprus – Delivered by Prof. Peter Hajek – Oxford University.* 9-13 June 2002
  
- **Promoting Excellence in Family Medicine 1993** *WONCA Europe 2002 - London* 2001
  
- **Public Health and Disease Prevention** *London School of Economics and Political Science - UK* 6-17 July. 1992
  
- **Primary Health Care Course** *World Health Organisation – University of Leeds* 1992
  
- **International Course in General Practice** *St. Mary's Hospital Medical School - London* 23-27 Sept. 1991
  
- **Intensive Sports Medicine Course** *Trinity College Dublin* 1990

## LANGUAGES

- **English** (excellent proficiency in speaking, reading and writing).
- **Greek** (very good proficiency in speaking, reading and writing)
- **Distinction Level G1 Greek for Foreigners University of Cyprus.**

## EMPLOYMENT and EXPERIENCE

**Cork Teaching Hospital** *1982 - 1983*  
*Preregistration Year*

**Irish Army and General Practice - Ireland** *1986 - 1987*  
Medical Officer in the Irish Army and GP in an Urban General Practice in Athlone – western Ireland.

**Ministry of Health – Dep. of Medical and Public Health Services** Cyprus

Medical Officer in various Hospitals, District Health Centres and School Medical Services. General Practitioner responsible for single handed rural health centre in three different districts in Cyprus. *1987-1995*

Voluntary work in the **Nicosia Family Planning Clinic** and maintenance of professional links up to the present. Contraceptive advice was given, coils were inserted and cervical cytology performed *1989-1990*

General Practitioner working in a group medical practice adjacent to **Nicosia**. Member of a subgroup of GP's involved in devising protocols for the management of chronic diseases like hypertension, diabetes and osteoporosis in Cyprus. Protocols were presented during the annual conference of general practitioners in Cyprus. I presented recent developments in the area of contraception for the annual conference for general practitioners in the following year. *1995-2003*

In parallel, health education and clinical examinations for **screening of schoolchildren** in primary and secondary schools in the Nicosia district. Acute medical cover is also provided during inter school athletic events.

**Smoking Cessation Clinics** and Tuberculosis contact tracing in Nicosia Central Prison as well as health promotion sessions on AIDS, Hepatitis and other sexually transmitted diseases. Medical reports on inmates of Nicosia Central Prison for the Nicosia District Courts when requested.

*2002-2003*

**Member of the Learning Unit** for the Medical and Public Health Services of the Ministry of Health. This unit was involved in planning, organising and evaluating training activities for Cypriot doctors according to their identified needs. Specific training seminars organised for Cypriot health workers for the prevention and control of Legionella infection and for microbiology. I prepared a curriculum for the GP registrar year in Cyprus in accordance with RCGP course.

*2002-2004*

**Smoking Cessation Counsellor** individual and groups 2004-2017

Medical Practitioner working in a **District Medical Centre**, a three doctor urban group practice on the outskirts of Nicosia with a practice population of 20,000 people. This is a dispensing practice and it also has a casualty service. The population includes a refugee population, elderly patients in long-term residential care and children of the local schools ranging from the ages of 5-16 years. The ten staff members include three general practitioners, three practice nurses, one health visitor, one pharmacist, one secretary and a cleaning lady. The practice also offers a community mental health service twice a month and a weekly dental service. The practice is computerised.

*2004-2017*

Clinical attachment to **Mental Health Services** at Athalassa hospital twice weekly. This involves dealing with acute and chronic medical problems of inpatients in acute and long stay wards in this mental health unit and infection control.

Clinical sessions weekly at residential care centres for children with **special needs**. Weekly clinical sessions at the **THEMA Addiction Therapy Centre**( particularly for alcohol)

**Medical Practitioner for patients at Latsia District Health Centre ongoing.**

## **CONTINUAL MEDICAL EDUCATION**

I attend regular **GP meetings** at the Pan Cyprian Medical Association in Nicosia. I also try to attend all island GP meetings for GPs in British Defence Medical Services. I attend annual refresher GP Update courses and have online access to GP Update 2013-2014.

Medical journals read are BMJ online, “Pulse”, the British **Journal** of General Practice and the Practitioner. I complete regular e-learning modules.

I regularly consult with specialist **colleagues** about difficult cases. Also I attend local medical seminars which are relevant to general practice e.g. masterclasses in general practice run by the BMJ. I had Prof Robin Simpson as my mentor.

I have obtained my **GMC registration** and access to CME online which is available to GP's in the UK (doctors.net.uk). I am a current member of the RCGP. I complete online education modules from RCGP, BMJ Learning, Update and GP Notebook. I completed a 3 week course on Geriatrics organised by Prof. Cillian Twomey, President of the European Gerontological Society. Also I have completed a “HOPE” hospital exchange system for health professionals with another European country (Spain in my case) to study the medical services in that country and compare them to the medical services in Cyprus. I successfully attended a paediatric immediate life support PILS course and for 2012 I successfully completed an ALS (Advanced Life Support run by the Med. Resusc Council) and a Prehospital Emergency Course (run by BASICS-British Association of Emergency Medicine). I attended a refresher course on Women's problems and family planning at BMJ Masterclasses in the UK in Nov 2009. I would also like to develop my skills in Cognitive Behaviour Therapy especially for the treatment of depression.

I attend regular practice meetings and training sessions with colleagues. I have regular teaching sessions with staff-recent sessions on varied subjects e.g. Sepsis, Feverish illness in children etc..

I am a mentor for Primary Care Modules for nurses with the University of Scotland.

I am a tutor for medical students attending St George's Medical School annexed to the University of Nicosia. I have completed my Master's Degree in Family Medicine this year.

I have had my recent annual GP Appraisal in Feb 2019 and am also Revalidated 2017 in accordance with GMC requirements.

## **ADDITIONAL INFORMATION**

- Member of the Pan Cyprian Medical Association 1987-2017.
- Member of the Management Board of the European Centre for Disease prevention and Control (ECDC) representing Cyprus Stockholm .
- Focal point in Cyprus for the European Anti smoking Programme “HELP”
- Completed a 3 year course at the Greek School of the University of Cyprus

- reaching the highest level and a final score of 100% 2017 June-distinction
- Member of the National Antismoking Committee
  - Member of the Nea Eleousa Advisory Committee for Children with Special Needs
  - Medical advisor in Cyprus for UK and Irish Defence Medical Services
  - Obtained the following qualifications in Music:
    - Licentiate of Trinity College London (LTCL) – Pianoforte (1978)
    - Fellow of Trinity College London (FTCL) – Pianoforte 1981
  - Interested in playing the harp and church organ, singing, reading, walking and pastoral service in the community.
  - Church organist for St. Paul’s Cathedral and St. Columba’s Church in Nicosia and pianist for charity theatre group.
  - Completed computer courses on Windows 2003, Word, Excel and Power-Point. Involved in a team devising a website for the Ministry of Health. Highly motivated enthusiastic versatile and strong team player passionate about continuous medical education, teaching and welcoming future challenges.
  - Member of Saturday Soccer Club
  - Member of ACT Anglo Cyprian Theatre Company.
  - My daughter is a n F1 in Glasgow
  - CRB, Health and Probity Certificates available